



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm</p>	<p>2 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm</p>	<p>3 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm</p>	<p>4 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>5 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm</p>
<p>8 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm</p>	<p>9 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm</p>	<p>10 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm</p>	<p>11 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>12 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm</p>
<p>15 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm</p>	<p>16 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm</p>	<p>17 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm</p>	<p>18 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>19 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm</p>
<p>22 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm Senior Tech Class - 10am</p>	<p>23 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm</p>	<p>24 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm</p>	<p>25 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>26 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm</p>
<p>29 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm Senior Tech Class - 10am</p>	<p>30 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm</p>	<p>31 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm</p>	<p>Rediscover San Diego - Tuesdays 9:30am - 12:00 noon October 2 - San Diego Eye Bank (San Diego) October 9 - Nibble Chocolate (San Diego) - \$8 October 16 - Buena Vista Lagoon (Oceanside) October 23 - Alesmith Brewing Company (San Diego) October 30 - Timken Museum (San Diego)</p>	