



# December 2018 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Salisbury Steak Onion Gravy Whipped Potatoes Peas & Carrots Whole Wheat Bread Seasonal Fruit	<b>4</b> Oven Fried Chicken Whole Kernel Corn Brussels Sprouts Whole Wheat Bread Seasonal Fruit	<b>5</b> Breaded Fish Tater Tots Glazed Carrots W.W. Hamburger Bun Seasonal Fruit Tartar Sauce	<b>6</b> Minestrone Soup Chicken Salad Apple Broccoli Salad Whole Wheat Bread Strawberry Glazed Fruit	<b>7</b> Hamburger Patty & Bun Lettuce & Tomato Baked Beans Mixed Vegetables Pineapple Tidbits Chef's Dessert
<b>10</b> Oven Fried Chicken Mashed Spiced Yams Mixed Vegetables Whole Wheat Bread Tropical Fruit	<b>11</b> Honey Glazed-Grilled Pork Confetti Brown Rice Green Peas Mixed Fruit	<b>12</b> Chef Salad Saltine Crackers Seasonal Fruit Ranch Salad Dressing	<b>13</b> Sausage & Red Beans Brown Rice Capri Vegetable Blend Seasonal Fruit	<b>14</b> Beef Patty w/ Gravy Whipped Potatoes Green Beans Whole Wheat Bread Pineapple Tidbits Chef's Dessert
<b>17</b> Beef Strip Steak Onion Gravy Brown Rice Pilaf Green Beans Seasonal Fruit	<b>18</b> Oven Fried Chicken Macaroni & Cheese Glazed Carrots Whole Wheat Bread Mixed Fruit	<b>19</b> Corn Chowder Sliced Turkey Breast Cheese, Lettuce, Tomato Carrot Pineapple Salad W.W. Tortilla Seasonal Fruit	<b>20</b> Maple Glazed-Chicken Breast Roast Potato Medley Lima Beans Whole Wheat Bread Pineapple Tidbits	<b>21 BIRTHDAY PARTY</b> Cornish Hen Cornbread Dressing Whipped Potatoes Green Peas Whole Wheat Roll Seasonal Fruit Frosted Carrot Cake
<b>24 Christmas Eve</b> Closed for Holiday	<b>25 Christmas Day</b> Closed for Holiday	<b>26</b> Closed for Holiday	<b>27</b> Closed for Holiday	<b>28</b> Closed for Holiday
<b>31 New Year's Eve</b> Closed for Holiday				

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 12:00 pm - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute. - \*\* Menu Subject to Change Without Notice \*\*