









Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
			<p>Chicken Fettuccini Pacific Vegetable Blend Green Beans w/ Tomatoes Wheat Roll Seasonal Fruit </p>	<p>Teriyaki Meatballs  Egg Noodles Chuckwagon Corn Cornbread Strawberry Glazed Fruit</p>
5	6	7	8	9
<p>Hungarian Pork Brown Rice Parslied Carrots  Wheat Roll Seasonal Fruit</p>	<p>Oven Fried Chicken  Macaroni & Cheese Brussels Sprouts Cornbread Peaches</p>	<p><i>A Day That Will Live in Infamy: The Bombing of Pearl Harbor</i></p> <p>Tuna Salad Lettuce & Tomato Green Pea Salad Fluffy Fruit Salad Wheat Bread</p>	<p>Lemon Pepper Pollock Rice Florentine Broccoli Dinner Roll Tropical Fruit</p>	<p>Chicken Tortilla Casserole  Mixed Beans  Glazed Carrots Seasonal Fruit Chef's Dessert</p>
12	13	14	15	16
<p>Taco Chicken Chili  Fiesta Corn Stewed Tomatoes Saltine Crackers Tropical Fruit </p>	<p>Meatloaf  Brown Gravy Whipped Potatoes French Green Beans Multi Grain Bread Seasonal Fruit</p>	<p>Corn Chowder  Sliced Ham Swiss Cheese Lettuce & Tomato Venetian Pasta Salad Wheat Bread Seasonal Fruit </p>	<p>Garden Chicken Salad Saltine Crackers Fresh Banana  Butter Pecan Cookie </p>	<p>Pork Loin BBQ Sauce Scalloped Potatoes Baked Beans Wheat Roll Mandarin Oranges</p>
19	20	21	22	23
<p>Krab Cake  Parslied Rice Coleslaw Hamburger Bun Spiced Apples </p>	<p>BBQ Chicken Breast Baked Beans  Potato Salad Wheat Roll Spiced Mandarin Oranges & Pineapple </p>	<p>Country Fried Steak  Country Gravy Buttermilk Potatoes Spinach Casserole Multi Grain Bread Tropical Fruit</p>	<p>Curry Chicken Breast  Yellow Rice Mixed Vegetable Dinner Roll Seasonal Fruit </p>	<p>Cornish Hen, Mornay Sauce  Cornbread Dressing Sweet Potato Casserole Green Bean Amandine Wheat Roll Ambrosia Salad German Chocolate Cake </p>
26	27	28	29	30
<p>Closed for the Holiday  </p>	<p>Breaded Pollock Cheesy Rice Cooked Mixed Greens Multi Grain Bread Tropical Fruit </p>	<p>Swiss Steak  Brown Gravy Whipped Potatoes Herbed Green Beans Wheat Bread Seasonal Fruit</p>	<p>Sausage w/  Onions & Peppers Ranch Beans Potato Salad Hot Dog Bun Tropical Fruit Crisp </p>	<p>Lemon Pepper  Chicken Breast Seasoned Couscous Okra, Tomatoes, Corn Wheat Bread, Seasonal Fruit Chef's Dessert </p>

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 12:00 am - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute.

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, treenuts, fish & shellfish