



MIRA MESA
SENIOR CENTER

February 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--|--|--|-----|
| | | | 1 HICAP - 9:30a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p | 2 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm | 3 Bingo! 9am - 11am Lunch - 12pm | 4 |
| 5 | 6 Life Painting 10:30am - 1pm Elder Law/Advocacy 10am - 12pm Lunch - 12pm Obs. Painting 1pm - 5pm Mobile Lab - 11:30a | 7 Tax Prep - 10a - 3p Lunch - 12pm Nutrition Class 12:30pm-1:30pm Tuesday Social 2pm - 5pm | 8 Tai Chi - 8:30am Legal Aid - 10a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p | 9 Watercolor 8:15am - 11:30am Tax Prep - 10a-3p Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm | 10 Bingo! 9am - 11am Lunch - 12pm | 11 |
| 12 | 13 Life Painting 10:30am - 1pm Lunch - 12pm Obs. Painting 1pm - 5pm | 14 Tax Prep - 10a - 3p Lunch - 12pm Nutrition Class 12:30pm-1:30pm Tuesday Social 2pm - 5pm | 15 Tai Chi - 8:30am HICAP - 9:30a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p | 16 Watercolor 8:15am - 11:30am Tax Prep - 10a-3p Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm | 17 Bingo! 9am - 11am Lunch - 12pm | 18 |
| 19 | 20 CLOSED FOR PRESIDENT'S DAY | 21 Tax Prep - 10a - 3p Lunch - 12pm Nutrition Class 12:30pm-1:30pm Tuesday Social 2pm - 5pm | 22 Tai Chi - 8:30am Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p | 23 Watercolor 8:15am - 11:30am Tax Prep - 10a-3p Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm | 24 Bingo! 9am - 11am Lunch - 12pm | 25 |
| 26 | 27 Life Painting 10:30am - 1pm Lunch - 12pm Obs. Painting 1pm - 5pm | 28 Tax Prep - 10a - 3p Lunch - 12pm Nutrition Class 12:30pm-1:30pm Tuesday Social 2pm - 5pm | | | | |