



MIRA MESA
SENIOR CENTER

December 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Watercolor 8:15am - 11:30am Lunch - 12pm Yoga - 4pm-5pm Line Dance 5:30p - 7:30p	2 Bingo! 8am - 11am Lunch - 12pm	3
4	5 Life Painting 10am - 1pm Tech Lab 11:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	6 Lunch - 12pm Match Ups 3:30pm - 5:30pm	7 Tai Chi - 8:30am HICAP - 9a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	8 Watercolor 8:15am - 11:30am Lunch - 12pm Yoga - 4pm-5pm Line Dance 5:30p - 7:30p	9 Bingo! 8am - 11am Lunch - 12pm	10
11 Christmas Party 1:00pm - 3:00pm	12 Life Painting 10am - 1pm Lunch - 12pm Observational Painting 1pm - 5pm	13 Lunch - 12pm Match Ups 3:30pm - 5:30pm	14 Tai Chi - 8:30am Legal Aid - 10a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	15 Watercolor 8:15am - 11:30am Lunch - 12pm RSVP - 12:30pm Yoga - 4pm-5pm Line Dance - 5:30p	16 Bingo! 9am - 11am Lunch - 12pm	17 Toys for Tots 8:30am-10:30am
18	19 Lunch - 12pm	20 Lunch - 12pm	21 Tai Chi - 8:30am HICAP - 9a-12p Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	22 Lunch - 12pm Yoga - 4pm-5pm Line Dance 5:30p - 7:30p	23 Bingo! 9am - 11am Lunch - 12pm	24
25	26 CLOSED TODAY	27 Lunch - 12pm	28 Tai Chi - 8:30am Garden - 10a-12p Lunch - 12pm Zumba - 5:00pm Ballroom - 6pm	29 Lunch - 12pm Yoga - 4pm-5pm Line Dance 5:30p - 7:30p	30 Bingo! 9am - 11am Lunch - 12pm	31