









































Monday	Tuesday	Wednesday	Thursday	Friday
 <p>HAPPY ST. PATRICK'S DAY</p>	 <p>It's Spring!</p>	<p>1</p> <p>Grilled Chicken Breast Onion Gravy Dirty Rice  Green Beans Wheat Roll Strawberry Applesauce</p>	<p>2</p> <p>Turkey Breast w/ Gravy  Roasted Sweet Potatoes Broccoli & Carrots Multi Grain Bread Banana Pudding </p>	<p>3</p> <p>Meatloaf  Brown Gravy Whipped Potatoes Herbed Green Beans Wheat Bread Tropical Fruit</p>
<p>6</p> <p>Sloppy Joe Delmonico Potatoes Lyonnais Green Beans Hamburger Bun  Seasonal Fruit</p>	<p>7</p> <p>Turkey Primavera  Lima Beans Whole Kernel Corn Multi Grain Bread Tropical Fruit</p>	<p>8</p> <p>Beef Spaghetti Sauce  Spaghetti Noodles Green Peas Tossed Salad Texas Bread Hot Glazed Peaches</p>	<p>9</p> <p>Turkey Ham  Pineapple Sauce Northern Beans Glazed Carrots Wheat Bread Mixed Fruit</p>	<p>10 Set Clocks Forward </p> <p>Dijon Pork Patty  Au Gratin Potatoes Capri Vegetable Blend Multi Grain Bread Seasonal Fruit </p>
<p>13</p> <p>Creole Steak Whipped Potatoes Zucchini w/ Tomatoes Multi Grain Bread Seasonal Fruit </p>	<p>14</p> <p>Fiesta Chicken  Yellow Rice Broccoli Wheat Bread Mandarin Oranges & Pineapple</p>	<p>15</p> <p>California Vegetable Soup Tuna Salad  Lettuce & Tomato Corn Relish Salad Wheat Bread  Fresh Banana</p>	<p>16</p> <p>Pork Roast Brown Gravy Whipped Potatoes Green Peas  Wheat Roll Sliced Peaches</p>	<p>17 St. Patrick's Day </p> <p>Beef Stew Au Gratin Potatoes Broccoli  Rye Bread Strawberry Glazed Fruit St. Patrick's Cookie </p>
<p>20 Spring Begins</p> <p>Chicken Strips Ranch Potatoes Glazed Carrots Wheat Bread Tropical Fruit </p>	<p>21</p> <p>Krab Cake  Dill Sauce Parslied Rice Country Corn Wheat Roll Mandarin Oranges & Peaches </p>	<p>22</p> <p>Cream of Tomato Soup Garden Turkey Salad  Saltine Crackers  Fresh Banana </p>	<p>23</p> <p>Turkey Ham  Macaroni Casserole Brussels Sprouts Green Beans w/ Red Peppers & Onions Multi Grain Bread Strawberry Glazed Fruit </p>	<p>24</p> <p>Apple Glazed Pork Baked Sweet Potato Broccoli & Carrots Wheat Roll Seasonal Fruit  Chef's Dessert </p>
<p>27</p> <p>King Ranch Chicken Casserole Cilantro Lime Rice  Glazed Beets Wheat Bread Seasonal Fruit</p>	<p>28</p> <p>Salisbury Steak Brown Gravy Garlic Whipped Potatoes Green Beans w/ Tomatoes Multi Grain Bread  Tropical Fruit</p>	<p>29</p> <p>Ham w/ Raisin Sauce  Mashed Spiced Yams Mixed Vegetable Blend Cornbread Seasonal Fruit </p>	<p>30</p> <p>Swedish Meatballs Egg Noodles Green Peas Wheat Bread Fresh Orange </p>	<p>31</p> <p>HOLIDAY  Cesar Chavez Day Site is CLOSED </p>

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

For Guaranteed Lunch Reservations, Please CALL 337-1425 by 12:00 PM - at least ONE WEEK BEFORE

Meals are served at 11:30 am - Suggested Senior Donation 60+ \$3.50 - Non-Senior fee is \$6.00

No eligible person shall be denied a meal because of failure or inability to contribute.

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish & shellfish