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Monday	Tuesday	Wednesday	Thursday	Friday
1 May Day Beef Stew Parslied Rice Capri Vegetable Blend Multi Grain Bread Seasonal Fruit 	2 Chicken Salad Macaroni Salad California Salad Saltine Crackers Seasonal Fruit 	3 Beef Spaghetti Sauce Spaghetti Noodles Squash & Zucchini Texas Bread Strawberry Glazed Fruit 	4 Breaded Chicken Patty Sliced Cheese Tater Puffs Spring Vegetable Blend Hamburger Bun Fresh Orange  	5 Cinco de Mayo Chicken Fajita Lettuce & Tomato Mexican Rice Pinto Beans Flour Tortilla Pineapple Tidbits   
8 Sausage w/ Onion & Pepper Summer Vegetable Blend Ranch Beans Hot Dog Bun Cinnamon Applesauce  	9 Baked Chicken Breast Chicken Gravy Dirty Rice Creole Green Beans Wheat Bread Fresh Banana  	10 Tomato Basil Soup Sliced Ham Swiss Cheese Lettuce & Tomato Tomato Cucumber Salad Wheat Bread Cranberry Cocktail Juice 	11 Sausage w/ Red Beans Parslied Rice Okra, Tomatoes, Corn Cornbread Seasonal Fruit  	12 Breaded Fish Green Peas w/ Onion Coleslaw Hamburger Bun Rosy Applesauce  
15 Chicken Pot Pie Green Beans Harvard Beets Wheat Bread Seasonal Fruit 	16 Breaded Pollock Mashed Spiced Yams Broccoli Florets Multi Grain Bread Pineapple Tidbits 	17 Creole Steak Garlic Whipped Potatoes Cooked Mixed Greens Cornbread Applesauce  	18 Chicken Cassoulet Seasoned Couscous Okra & Tomatoes Wheat Bread Tropical Fruit  	19 BIRTHDAY PARTY Pork Carnitas Brussels Sprouts Tater Puffs Hamburger Bun Fresh Banana 
22 Honey Glazed Pork Patty Macaroni & Cheese Spring Vegetable Blend Wheat Bread Tropical Fruit  	23 Minestrone Soup Sliced Turkey Breast Cheese, Lettuce, Tomato Apple Broccoli Salad Wheat Bread Cranberry Cocktail Juice 	24 Taco Chicken Chili Cajun Rice Seasoned Spinach Saltine Crackers Fresh Orange   	25 Swedish Meatballs Egg Noodles Broccoli Wheat Bread Applesauce w/ Pears  	26 Lemon Pepper Fish Rice Florentine Sliced Carrots Cornbread Seasonal Fruit 
29 Memorial Day HOLIDAY This site will be CLOSED  	30 Beef Strip Steak Brown Onion Gravy Ranch Potatoes Side Salad Wheat Bread Applesauce w/ Apples 	31 Pork Roast Sweet & Sour Sauce Fried Rice Japanese Vegetable Blend Dinner Roll Tropical Fruit 	  	

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 11:30 am - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute.

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish & shellfish