



MIRA MESA
SENIOR CENTER

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Lunch - 12pm Square Dancing - 2:00pm	2 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	3 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	4 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	5
6	7 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	8 Lunch - 12pm Square Dancing - 2:00pm	9 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	10 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	11 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	12
13	14 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	15 Lunch - 12pm Square Dancing - 2:00pm	16 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	17 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	18 Bingo! 9am - 11am Lunch - 12pm Closed 2pm-4pm Footloose Friday 4pm-8pm	19
20	21 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	22 Lunch - 12pm Square Dancing - 2:00pm	23 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	24 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	25 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	26
27	28 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	29 Lunch - 12pm Square Dancing - 2:00pm	30 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	31 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	SPECIAL EVENTS 8/18 - Footloose Friday (4pm-8pm)	