



MIRA MESA
SENIOR CENTER

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	3 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	4 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	5 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	6 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	7
8	9 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	10 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	11 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	12 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	13 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	14
15	16 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	17 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	18 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	19 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	20 Bingo! 9am - 11am Lunch - 12pm Closed 2pm-4pm Footloose Friday 4pm-8pm	21
22	23 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	24 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	25 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	26 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	27 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	28
29	30 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	31 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm				