



MIRA MESA
SENIOR CENTER

November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	2 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	3 Bingo! 9am - 11am Lunch - 12pm CLOSED at 2pm	4
5	6 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	7 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	8 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	9 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	10 CLOSED FOR VETERANS DAY THANK YOU TO ALL OF OUR VETERANS.	11
12	13 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	14 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	15 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	16 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm	17 Bingo! 9am - 11am Lunch - 12pm Closed 2pm-4pm Footloose Friday 4pm-8pm	18
19	20 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	21 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	22 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	23 CLOSED HAPPY THANKSGIVING!	24 CLOSED FOR HOLIDAY WEEKEND	25
26	27 Life Painting 10:30am - 1:30pm Lunch - 12pm Obs. Painting 1pm - 5pm	28 Lunch - 12pm Square Dancing Beginner - 1:15pm Square Dancing Advanced - 2:00pm	29 Tai Chi - 8a - 10a Garden - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 5:00pm Ballroom - 6:00p	30 Watercolor 8:15am - 11:30am Lunch - 12pm Ukulele & Guitar 1pm - 3pm Yoga - 4pm-5pm		