



MIRA MESA  
SENIOR CENTER

# January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 <b>CLOSED FOR NEW YEAR'S DAY.</b></p> <p><b>HAPPY NEW YEAR!</b></p>	<p>2 <b>Tuesday Morning Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing (Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b></p>	<p>3 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b></p>	<p>4 <b>Watercolor 8:15am - 11:30am</b> <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar 1pm - 3pm</b> <b>Yoga - 4pm-5pm</b></p>	<p>5 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b></p>	6
7	<p>8 <b>Life Painting 10:30am - 1:30pm</b> <b>Lunch - 12pm</b> <b>Obs. Painting 1pm - 5pm</b></p>	<p>9 <b>Tuesday Morning Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing (Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b></p>	<p>10 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b></p>	<p>11 <b>Watercolor 8:15am - 11:30am</b> <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar 1pm - 3pm</b> <b>Yoga - 4pm-5pm</b></p>	<p>12 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b></p>	12
14	<p>15 <b>CLOSED FOR MARTIN LUTHER KING DAY</b></p>	<p>16 <b>Tuesday Morning Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing (Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b></p>	<p>17 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b></p>	<p>18 <b>Watercolor 8:15am - 11:30am</b> <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar 1pm - 3pm</b> <b>Yoga - 4pm-5pm</b></p>	<p>19 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b> <b>Closed 2pm-4pm</b> <b>Footloose Friday 5pm-10pm</b></p>	20
21	<p>22 <b>Life Painting 10:30am - 1:30pm</b> <b>Lunch - 12pm</b> <b>Obs. Painting 1pm - 5pm</b></p>	<p>23 <b>Tuesday Morning Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing (Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b></p>	<p>24 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b></p>	<p>25 <b>Watercolor 8:15am - 11:30am</b> <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar 1pm - 3pm</b> <b>Yoga - 4pm-5pm</b></p>	<p>26 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b> <b>Closed 2pm-4pm</b></p>	27
28	<p>29 <b>Life Painting 10:30am - 1:30pm</b> <b>Lunch - 12pm</b> <b>Obs. Painting 1pm - 5pm</b></p>	<p>30 <b>Tuesday Morning Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing (Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b></p>	<p>31 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b></p>		<p><b>REDISCOVER SAN DIEGO PRE-REGISTRATION DATES</b> From 1:00pm-3:00pm January 16   January 23   January 30</p> <p><b>TECHNOLOGY FOR SENIORS 101 ORIENTATION</b> January 29, 11:00am-12:00pm</p>	