



# MIRA MESA SENIOR CENTER

## March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Rediscover San Diego Off Site Classes March 6 - Leo Carrillo Ranch Historic Park March 13 - Gemological Institute of America March 20 - San Diego Symphony				1 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga - 4pm-5pm</b>	2 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b>	3
4	5 <b>Tai Chi - 8a - 930a</b> <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch - 12pm</b> <b>Obs. Painting</b> 1pm - 5pm	6 <b>Tuesday Morning</b> <b>Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing</b> <b>(Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b>	7 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b>	8 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga - 4pm-5pm</b>	9 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b>	10
11	12 <b>Tai Chi - 8a - 930a</b> <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch - 12pm</b> <b>Obs. Painting</b> 1pm - 5pm	13 <b>Tuesday Morning</b> <b>Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing</b> <b>(Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b>	14 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b>	15 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga - 4pm-5pm</b>	16 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b>	17
18	19 <b>Tai Chi - 8a - 930a</b> <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch - 12pm</b> <b>Obs. Painting</b> 1pm - 5pm	20 <b>Tuesday Morning</b> <b>Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing</b> <b>(Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b>	21 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Arts/Craft - 1pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b>	22 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch - 12pm</b> <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga - 4pm-5pm</b>	23 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b>	24
25	26 <b>Tai Chi - 8a - 930a</b> <b>Smartphone</b> <b>Basics - 10a - 12p</b> <b>Lunch - 12pm</b>	27 <b>Tuesday Morning</b> <b>Friends - 10am</b> <b>Lunch - 12pm</b> <b>Square Dancing</b> <b>(Beginner) - 1:15p</b> <b>(Advanced) - 2:00p</b>	28 <b>Tai Chi - 8a - 10a</b> <b>Garden - 10a-12p</b> <b>Lunch - 12pm</b> <b>Zumba - 5:00pm</b> <b>Ballroom - 6:00p</b>	29 <b>Lunch - 12pm</b> <b>Yoga - 4pm-5pm</b>	30 <b>Bingo!</b> 9am - 11am <b>Lunch - 12pm</b>  <b>CLOSED at 2pm</b>	31