



# MIRA MESA SENIOR CENTER

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <b>Tuesday Morning Friends</b> - 10am <b>Lunch</b> - 12pm <b>Square Dancing (Beginner)</b> - 1:15p <b>(Advanced)</b> - 2:00p	2 <b>Tai Chi</b> - 8a - 10a <b>Garden</b> - 10a-12p <b>Lunch</b> - 12pm <b>Arts/Craft</b> - 1pm <b>Zumba</b> - 5:00pm	3 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch</b> - 12pm <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga</b> - 4pm-5pm	4 <b>Bingo!</b> 9am - 11am <b>Lunch</b> - 12pm  <b>CLOSED at 2pm</b>	5
6	7 <b>Tai Chi</b> - 8a - 930a <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch</b> - 12pm <b>Obs. Painting</b> 1pm - 5pm	8 <b>Tuesday Morning Friends</b> - 10am <b>Lunch</b> - 12pm <b>Square Dancing (Beginner)</b> - 1:15p <b>(Advanced)</b> - 2:00p	9 <b>Tai Chi</b> - 8a - 10a <b>Garden</b> - 10a-12p <b>Lunch</b> - 12pm <b>Arts/Craft</b> - 1pm <b>Zumba</b> - 5:00pm	10 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch</b> - 12pm <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga</b> - 4pm-5pm	11 <b>Bingo!</b> 9am - 11am <b>Lunch</b> - 12pm  <b>CLOSED at 2pm</b>	12
13	14 <b>Tai Chi</b> - 8a - 930a <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch</b> - 12pm <b>Obs. Painting</b> 1pm - 5pm	15 <b>Tuesday Morning Friends</b> - 10am <b>Lunch</b> - 12pm <b>Square Dancing (Beginner)</b> - 1:15p <b>(Advanced)</b> - 2:00p	16 <b>Tai Chi</b> - 8a - 10a <b>Garden</b> - 10a-12p <b>Lunch</b> - 12pm <b>Arts/Craft</b> - 1pm <b>Zumba</b> - 5:00pm	17 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch</b> - 12pm <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga</b> - 4pm-5pm	18 <b>Bingo!</b> 9am - 11am <b>Lunch</b> - 12pm  <b>CLOSED at 2pm</b>	19
20	21 <b>Tai Chi</b> - 8a - 930a <b>Senior Tech 101</b> - 945a - 12pm <b>Life Painting</b> 10:30am - 1:30pm <b>Lunch</b> - 12pm <b>Obs. Painting</b>	22 <b>Tuesday Morning Friends</b> - 10am <b>Lunch</b> - 12pm <b>Square Dancing (Beginner)</b> - 1:15p <b>(Advanced)</b> - 2:00p	23 <b>Tai Chi</b> - 8a - 10a <b>Garden</b> - 10a-12p <b>Lunch</b> - 12pm <b>Arts/Craft</b> - 1pm <b>Zumba</b> - 5:00pm	24 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch</b> - 12pm <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga</b> - 4pm-5pm	25 <b>Bingo!</b> 9am - 11am <b>Lunch</b> - 12pm  <b>CLOSED at 2pm</b>	26
27	28 <b>MEMORIAL DAY FELLOWSHIP &amp; CEREMONY</b> 10am - 12pm	29 <b>Tuesday Morning Friends</b> - 10am <b>Lunch</b> - 12pm <b>Square Dancing (Beginner)</b> - 1:15p <b>(Advanced)</b> - 2:00p	30 <b>Tai Chi</b> - 8a - 10a <b>Garden</b> - 10a-12p <b>Lunch</b> - 12pm <b>Arts/Craft</b> - 1pm <b>Zumba</b> - 5:00pm	31 <b>Watercolor</b> 8:15am - 11:30am <b>Lunch</b> - 12pm <b>Ukulele &amp; Guitar</b> 1pm - 3pm <b>Yoga</b> - 4pm-5pm	<b>REDISCOVER SAN DIEGO OFF SITE CLASSES</b> May 1 - SD Archaeological Center May 8 - USS Midway May 15 - San Diego Botanic Garden May 22 - Mingei Museum May 29 - Museum of Making Music	