



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>May all you wonderful <i>Dads</i> enjoy a <i>Happy Father's Day</i></p>			<p>ADOPT ME! </p>
<p>4</p> <p>Ham Macaroni & Cheese Green Peas Creole Tomatoes W.W. Dinner Roll Seasonal Fruit</p>	<p>5</p> <p>Hamburger Patty Lettuce & Tomato Tater Tots Mixed Vegetables W.W. Hamburger Bun Seasonal Fruit</p>	<p>6</p> <p>Tomato Basil Soup Sliced Turkey Breast Cheese, Lettuce, Tomato Potato Salad Whole Wheat Bread Seasonal Fruit</p>	<p>7</p> <p>Oven Fried- Chicken Drumsticks Whole Kernel Corn Sliced Carrots Whole Wheat Bread Mixed Fruit</p>	<p>8</p> <p>Honey Glazed Pork Mashed Spiced Yams Green Beans Whole Wheat Bread Seasonal Fruit</p>
<p>11</p> <p>BBQ Pork Rib Patty Potato Wedges Glazed Carrots W.W. Hamburger Bun Tropical Fruit</p>	<p>12</p> <p>Turkey Ham & White Beans Brown Rice Seasoned Spinach Mixed Fruit</p>	<p>13</p> <p>Oven Fried- Chicken Drumsticks Scalloped Potatoes Brussels Sprouts Whole Wheat Bread Seasonal Fruit</p>	<p>14</p> <p>Beef Taco Salad Whole Grain- Tortilla Chips Seasonal Fruit</p>	<p>15 BIRTHDAY PARTY</p> <p>Potato Crusted Fish Cilantro Lime Brown Rice Mixed Vegetables Tropical Fruit</p>
<p>18</p> <p>Oven Fried- Chicken Drumsticks Cheesy Brown Rice Green Beans Seasonal Fruit</p>	<p>19</p> <p>Minestrone Soup Sliced Turkey Ham Cheese, Lettuce, Tomato Beet Salad Whole Wheat Bread Cranberry Cocktail Juice</p>	<p>20</p> <p>Swiss Steak Garlic Whipped Potatoes Green Peas Whole Wheat Roll Pineapple Tidbits</p>	<p>21 Summer Begins</p> <p>Baked Chicken Mornay Sauce Cut Yams Tuscany Vegetable Blend Whole Wheat Bread Seasonal Fruit</p>	<p>22</p> <p>Pork Chili Verde Buttered Rice Fiesta Vegetable Blend W.W. Flour Tortilla Seasonal Fruit</p>
<p>25</p> <p>Grilled Pork w/ Mushrooms Delmonico Potatoes Seasoned Spinach W.W. Dinner Roll Mixed Fruit</p>	<p>26</p> <p>Baked Chicken Jezebel Apple Sauce Cilantro Lime Brown Rice Mixed Vegetables Seasonal Fruit</p>	<p>27</p> <p>Beef Spaghetti Sauce Whole Grain Spaghetti Side Salad Mixed Fruit Crisp</p>	<p>28</p> <p>Turkey Club Salad Saltine Crackers Seasonal Fruit</p>	<p>29</p> <p>Oven Fried- Chicken Drumsticks Oven Roasted Potatoes Green Beans Whole Wheat Bread Mixed Fruit</p>

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 12:00 pm - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute. - ** Menu Subject to Change Without Notice **

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish & shellfish