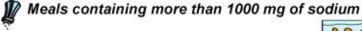
SERVING SENIORS



V JUNE 2018 Lunch Menu



			12-10-10-10-10-10-10-10-10-10-10-10-10-10-	12070000
Monday	Tuesday	Wednesday	Thursday	Friday
May 26	all you wonderful Dads enjoy a Appy tather's	Day To	ADOPT ME	Meatloaf Onion Gravy Whipped Potatoes Glazed Carrots W.W. Dinner Roll Strawberry Glazed Fruit
Ham Macaroni & Cheese Green Peas Creole Tomatoes W.W. Dinner Roll Seasonal Fruit	Hamburger Patty Lettuce & Tomato Tater Tots Mixed Vegetables W.W. Hamburger Bun Seasonal Fruit	Tomato Basil Soup Sliced Turkey Breast Cheese, Lettuce, Tomato Potato Salad Whole Wheat Bread Seasonal Fruit	Oven Fried- Chicken Drumsticks Whole Kernel Corn Sliced Carrots Whole Wheat Bread Mixed Fruit	Honey Glazed Pork Mashed Spiced Yams Green Beans Whole Wheat Bread Seasonal Fruit
BBQ Pork Rib Patty Potato Wedges Glazed Carrots W.W. Hamburger Bun Tropical Fruit	Turkey Ham & White Beans Brown Rice Seasoned Spinach Mixed Fruit	Oven Fried- Chicken Drumsticks Scalloped Potatoes Brussels Sprouts Whole Wheat Bread Seasonal Fruit	Beef Taco Salad Whole Grain- Tortilla Chips Seasonal Fruit	Potato Crusted Fish Cilantro Lime Brown Rice Mixed Vegetables Tropical Fruit
Oven Fried- Chicken Drumsticks Cheesy Brown Rice Green Beans Seasonal Fruit	Minestrone Soup Sliced Turkey Ham Cheese, Lettuce, Tomato Beet Salad Whole Wheat Bread Cranberry Cocktail Juice	Swiss Steak Garlic Whipped Potatoes Green Peas Whole Wheat Roll Pineapple Tidbits	Baked Chicken Mornay Sauce Cut Yams Tuscany Vegetable Blend Whole Wheat Bread Seasonal Fruit	Pork Chili Verde Buttered Rice Fiesta Vegetable Blend W.W. Flour Tortilla Seasonal Fruit
Grilled Pork w/ Mushrooms Delmonico Potatoes Seasoned Spinach W.W. Dinner Roll Mixed Fruit	Baked Chicken Jezebel Apple Sauce Cilantro Lime Brown Rice Mixed Vegetables Seasonal Fruit	Beef Spaghetti Sauce Whole Grain Spaghetti Side Salad Mixed Fruit Crisp	Turkey Club Salad Saltine Crackers Seasonal Fruit	Oven Fried- Chicken Drumsticks Oven Roasted Potatoes Green Beans Whole Wheat Bread Mixed Fruit

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 12:00 pm - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute. - ** Menu Subject to Change Without Notice **

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, treenuts, fish & shellfish