



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Rediscover San Diego Tuesdays 9:30am - 12 noon Jan 8 - San Diego History Center Walk (Balboa Park) - \$6 Jan 15 - Bates Nut Farm (Valley Center) - \$6.50 Jan 22 - San Vicente Reservoir & Dam (Lakeside) - FREE				2 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm		3 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm		4 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm	
7 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm		8 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm		9 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm		10 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm		11 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm	
14 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm		15 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm		16 Tai Chi - 8am - 10am Garden - 10am - 12pm Senior Tech Class - 10a-12p Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm		17 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm		18 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm	
21 CLOSED FOR MARTIN LUTHER KING JR DAY		22 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm		23 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm		24 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm		25 Bingo! - 9am - 11am Lunch - 12pm CLOSED at 2pm	
28 Tai Chi - 8am - 9:30am Life Painting - 10:30a - 1pm Lunch - 12pm Obs. Painting - 1pm - 5pm		29 Tues. Morning Friends - 10a Lunch - 12pm Communicating with Technology - 1pm - 3pm Square Dancing - 3pm - 5pm		30 Tai Chi - 8am - 10am Garden - 10am - 12pm Lunch - 12pm Arts/Craft - 1pm Zumba - 4pm		31 Watercolor - 8:15a - 11:30a Lunch - 12pm Ukelele/Guitar - 1pm - 3pm Yoga - 4pm			