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Monday	Tuesday	Wednesday	Thursday	Friday
    				1 Oven Fried Chicken  Dirty Brown Rice Green Beans Seasonal Fruit Chef's Dessert SUPER BOWL
4 Meatloaf Brown Gravy Whipped Potatoes Green Beans Multi-Grain Bread Mixed Fruit 	5 Chinese New Year Whole Grain Crusted Fish Confetti Brown Rice Corn & Lima Beans Seasonal Fruit Tartar Sauce 新年快樂	6 Oven Fried Chicken Tater Tot Casserole Brussels Sprouts Multi-Grain Bread Pineapple Tidbits 	7 Corn Chowder Turkey Breast Cheese, Lettuce, Tomato Carrot Raisin Salad Whole Wheat Tortilla Seasonal Fruit	8 BBQ Pork Rib Patty  Pinto Beans Coleslaw  W.W. Hamburger Bun Hot Cherry Applesauce Chef's Dessert
11 Beef Taco Cilantro Lime Rice Fiesta Vegetable Blend Whole Wheat Tortilla Pineapple Tidbits Taco Sauce 	12 Oven Fried Chicken  Scalloped Potatoes Mixed Vegetables Cornbread Seasonal Fruit 	13 Chef Salad  Saltine Crackers Seasonal Fruit Ranch Salad Dressing 	14 Valentine's Day Pork Stir Fry Brown Rice Ginger Carrots Seasonal Fruit Fortune Cookie  	15 BIRTHDAY PARTY Sloppy Joe Oven Roasted Potatoes Broccoli W.W. Hamburger Bun Glazed Fruit Chef's Dessert 
18 Presidents Day Closed for Holiday 	19 Turkey Sausage & Red Beans Brown Rice Mixed Vegetables Pineapple Tidbits	20 Minestrone Soup Chicken Salad Lettuce & Tomato Coleslaw  Whole Wheat Bread Ambrosia Fruit Salad	21 Oven Fried Chicken  Whipped Potatoes Green Beans Cornbread Seasonal Fruit	22 Turkey Spaghetti Sauce Whole Grain Spaghetti Corn & Brussels Sprouts Spiced Mixed Fruit Chef's Dessert 
25 Country Fried Steak Country Gravy Whipped Potatoes Broccoli Whole Wheat Bread Seasonal Fruit	26 Oven Fried Chicken  Cheesy Penne Sliced Carrots Mixed Fruit 	27 Garden Turkey Salad  Saltine Crackers Seasonal Fruit Ranch Salad Dressing 	28 Hamburger Patty Lettuce & Tomato Oven Roasted Potatoes Pinto Beans W.W. Hamburger Bun Seasonal Fruit	

"This project is supported by Older Americans Act funds by the County of San Diego Health & Human Services Agency, Aging & Independence Services."

Meals are served at 12:00 pm - Suggested Senior Donation 60+ \$2.50 - Non-Senior fee is \$4.00

No eligible person shall be denied a meal because of failure or inability to contribute. - ** Menu Subject to Change Without Notice **

Food allergy warning: please be advised that the food served here may contain any of these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish & shellfish