

STARTING JUNE 13

Summertime Fit & Move

**EVERY THURSDAY
9:00AM TO 10:00AM**

**Ready!
Set!
Let's Go!**

Have fun this summer while getting fit. Move and groove to a weekly series of fun and easy routines. Aerobic, moves & grooves, walking.



**MIRA MESA
SENIOR CENTER**

**8460 Mira Mesa Blvd.
San Diego, CA 92126**

Visit MiraMesaCenter.org or Call (858) 860-5355 for More Info!