



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p align="center"><u>AUGUST ANNOUNCEMENTS</u></p> <p>Mira Mesa Senior Center will close at 1:00pm during the week of August 26-30.</p> <p>San Diego Community College classes will NOT be in session from August 19 - August 30.</p>									
5	<p>Tai Chi - 8am - 9:30am</p> <p>Lunch - 12pm</p> <p>Obs. Painting - 1pm - 5pm</p>	6	<p>Tues. Morning Friends - 10a</p> <p>Lunch - 12pm</p> <p>Communicating with Technology - 1pm - 3pm</p> <p>Square Dancing - 3pm - 5pm</p>	7	<p>Tai Chi - 8am - 10am</p> <p>Garden - 10am - 12pm</p> <p>Lunch - 12pm</p> <p>Piano Class - 1p-4p</p> <p>Zumba - 4pm</p>	8	<p>Summertime Fit & Move - 9am - 10am</p> <p>Lunch - 12pm</p> <p>Ukelele/Guitar - 1pm - 3pm</p> <p>Yoga - 4pm</p>	9	<p>Bingo! - 9am - 11am</p> <p>Lunch - 12pm</p> <p>CLOSED at 2pm</p>
12	<p>Tai Chi - 8am - 9:30am</p> <p>Lunch - 12pm</p> <p>Obs. Painting - 1pm - 5pm</p>	13	<p>Tues. Morning Friends - 10a</p> <p>Senior Tech Class - 10a-12p</p> <p>Lunch - 12pm</p> <p>Communicating with Technology - 1pm - 3pm</p> <p>Square Dancing - 3pm - 5pm</p>	14	<p>Tai Chi - 8am - 10am</p> <p>Garden - 10am - 12pm</p> <p>Lunch - 12pm</p> <p>Piano Class - 1p-4p</p> <p>Zumba - 4pm</p>	15	<p>Summertime Fit & Move - 9am - 10am</p> <p>Lunch - 12pm</p> <p>Ukelele/Guitar - 1pm - 3pm</p> <p>Yoga - 4pm</p>	16	<p>Bingo! - 9am - 11am</p> <p>Lunch - 12pm</p> <p>CLOSED at 2pm</p>
19	<p>Tai Chi - 8am - 9:30am</p> <p>Lunch - 12pm</p>	20	<p>Tues. Morning Friends - 10a</p> <p>Lunch - 12pm</p> <p>Square Dancing - 3pm - 5pm</p>	21	<p>Tai Chi - 8am - 10am</p> <p>Garden - 10am - 12pm</p> <p>Lunch - 12pm</p> <p>Zumba - 4pm</p>	22	<p>Summertime Fit & Move - 9am - 10am</p> <p>Lunch - 12pm</p> <p>Yoga - 4pm</p>	23	<p>Bingo! - 9am - 11am</p> <p>Lunch - 12pm</p> <p>CLOSED at 2pm</p>
25	<p>Tai Chi - 8am - 9:30am</p> <p>Lunch - 12pm</p>	27	<p>Tues. Morning Friends - 10a</p> <p>Lunch - 12pm</p>	28	<p>Tai Chi - 8am - 10am</p> <p>Garden - 10am - 12pm</p> <p>Lunch - 12pm</p>	29	<p>Summertime Fit & Move - 9am - 10am</p> <p>Lunch - 12pm</p>	30	<p>Bingo! - 9am - 11am</p> <p>Lunch - 12pm</p> <p>CLOSED at 1pm</p>