



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rediscover San Diego</p> <p>Jan 7 - San Diego Zoo - Behind the Scenes Tour - SD (\$10) Jan 14 - Humane Society - San Diego (FREE) Jan 21 - Wieghorst Western Heritage Ctr - El Cajon (FREE)</p>		<p>1</p> <p>CLOSED FOR NEW YEAR'S DAY</p> <p>HAPPY NEW YEAR!</p>	<p>2</p> <p>Lunch - 12pm Yoga - 4pm</p> <p>(No Water color or Ukulele/ Guitar Class today)</p>	<p>3</p> <p>Bingo! - 9am - 11am Lunch - 12pm</p> <p>CLOSED at 2pm</p>
<p>6</p> <p>Tai Chi - 8am - 9:30am Life Painting - 10:30a -1:00p Lunch - 12pm Obs. Painting - 1pm - 5pm</p>	<p>7</p> <p>Lunch - 12pm Communicating with Technology - 1pm - 3pm Fit & Move - 4pm - 5pm</p>	<p>8</p> <p>Tai Chi - 7:30a - 9:15a Ukulele/Guitar - 930a - 11:30a Garden - 10am - 12pm Lunch - 12pm Piano Class - 1pm - 4pm Zumba - 4pm</p>	<p>9</p> <p>Watercolor - 8:15a -11:30a Lunch - 12pm Ukulele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>10</p> <p>Bingo! - 9am - 11am Lunch - 12pm</p> <p>CLOSED at 2pm</p>
<p>13</p> <p>Tai Chi - 8am - 9:30am Life Painting - 10:30a -1:00p Lunch - 12pm Obs. Painting - 1pm - 5pm</p>	<p>14</p> <p>Lunch - 12pm Communicating with Technology - 1pm - 3pm Fit & Move - 4pm - 5pm</p>	<p>15</p> <p>Tai Chi - 7:30a - 9:15a Ukulele/Guitar - 930a - 11:30a Garden - 10am - 12pm Lunch - 12pm Piano Class - 1pm - 4pm Zumba - 4pm</p>	<p>16</p> <p>Watercolor - 8:15a -11:30a Lunch - 12pm Ukulele/Guitar - 1pm - 3pm Yoga - 4pm</p>	<p>17</p> <p>Bingo! - 9am - 11am Lunch - 12pm</p> <p>CLOSED at 2pm</p>
<p>20</p> <p>CLOSED FOR MARTIN LUTHER KING JR. DAY</p>	<p>21</p> <p>Lunch - 12pm Communicating with Technology - 1pm - 3pm Fit & Move - 4pm - 5pm</p>	<p>22</p> <p>Tai Chi - 7:30a - 9:15a Ukulele/Guitar - 930a - 11:30a Garden - 10am - 12pm Lunch - 12pm Piano Class - 1pm - 4pm Zumba - 4pm</p>	<p>23</p> <p>Lunch - 12pm Yoga - 4pm</p> <p>(No Water color or Ukulele/ Guitar Class today)</p>	<p>24</p> <p>Bingo! - 9am - 11am Lunch - 12pm</p> <p>CLOSED at 2pm</p>
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